



# New Forest Outdoor Centre

## Example Programme for an event for 40 delegates

Time	Team			
	A	B	C	D
<b>0930</b>	Arrive tea, coffee, bacon and egg rolls			
<b>0945</b>	Welcome, overview of the day and formation of teams			
<b>1000</b>	Group ice breaking task.			
<b>1015</b>	Team Challenge Course	Archery, Crossbows and Axe Throwing	Team Challenge Course	Archery, Crossbows and Axe Throwing
<b>1115</b>	Tea, Coffee and cakes			
<b>1130</b>	Archery, Crossbows and Axe Throwing	Team Challenge Course	Archery, Crossbows and Axe Throwing	Team Challenge Course
<b>1230</b>	Quality Buffet Lunch			
<b>1315</b>	High Ropes Course			
<b>1545</b>	Tea, coffee and cakes			
<b>1600</b>	Raft Building Challenge			
<b>1700</b>	End of activities			
<b>1730</b>	Woodland Bar Opens			
<b>1800</b>	BBQ with range of meats, salads and bread rolls			
	Evening in the woods around the Campfire			